



## Sachem SEPTA meetings 2015 – 2016

September 28 <sup>th</sup> 7:30 PM	High Functioning Family: <b>Top strategies for ADHD &amp; Autism</b>
October 26 <sup>th</sup> 7:30 PM	<b>COMMUNITY RESOURCE FAIR</b>
November 30 <sup>th</sup> 7:30 PM	Suffolk Sherriff's office: <b>Keeping our kids Safe</b>
January 25 <sup>th</sup> 7:30 PM	Dr. J. Volpe, Clinical Psychologist: <b>Increasing Social IQ: What it is and Why it matters.</b>
February 22 <sup>nd</sup> 7:00 PM * <b>please note time!</b>	<b>Regina Brandow – guardianship seminar.</b>
March 14 <sup>th</sup> 7:30 PM	<b>SACHEM TRANSITION FAIR at Sachem North</b>
April 18 <sup>th</sup> 7:30 PM	Lisa Zimmerman – <b>Healthy Eating for Busy Lifestyles: Top Tips for Professionals and Families On-the-Go</b>

### SPECIAL EVENTS

Festival of Trees	December 2015
Basketball clinic	Spring 2016

**\*Meetings are held at 7:30 p.m., in Room A in the Board of Education Annex at Samoset Middle School.**

**Not a SEPTA member yet? Membership is only \$10.00!**

**To join visit [www.sachemsepta.com](http://www.sachemsepta.com)**

**Or email us at [sachemsepta@gmail.com](mailto:sachemsepta@gmail.com)**